



## Inherent Life skills of Gandhiji

Lt. U. Lakshmi Sundari Bai, Lecturer in Mathematics, S.K.S.D. Mahila Kalasala UG & PG (Autonomous), Tanuku  
Smt. K. Padmaja Rani, Lecturer in Physics, S.K.S.D. Mahila Kalasala UG & PG (Autonomous), Tanuku

**Abstract :** Principles or standards of Behaviour, ones judgment of what is important in life is called value. Values have major influence on a person's behaviour and attitude and serve as broad guidelines in all situations. I conclude with this quotation that beliefs become your thoughts, thoughts become your words, words become your actions, actions become your habits, habits become your values and values become your destiny. If you see any life history of a successful person directly or indirectly the above said life skills and ethical values play a major role. So everyone should follow these life skills to lead a happy life and perfect life in this earth.

**Key words:** Principles, standards, Behaviour

### Introduction:

Principles or standards of Behaviour, ones judgment of what is important in life is called value. Values have major influence on a person's behaviour and attitude and serve as broad guidelines in all situations. Ethics denotes that which actions are best to do or best to live and which are bad.

**Types of Values:** values includes, Moral values, religious values, Political values and Aesthetic values

**Life Skills:** Life skills are the skills we need to deal effectively with the challenges in everyday life, whether at school, at work or in our personal lives.

According to my knowledge is concern there are some life skills like Self Awareness, Critical Thinking, Sympathy, Empathy, Problem Solving, Effective Communication, Soft skills. Among creatures on this planet, we human beings are not only aware that we are aware, to be conscious of our consciousness. Self-Awareness lies our potential and power to direct our own future evolution and the future evolution

of civilization. I compare these life skills and ethics with the life history of Gandhiji with few examples. The emotional competencies of Mahatma Gandhi's life are divided into seven phases.

**Leadership quality of Gandhi:** Gandhi always told his followers that if two of his sentences contradict each other and if they thought he was sane at that time please ignore the first one and accept the second one. This reflects his learning and growth mindset, as well as anticipation of his followers needs. Some people says that Gandhi made them feel as if they were the only person in the world that Gandhi would have liked to take at that time this reflects his life skill Empathy. Gandhiji was an excellent listener, this shows his trait Sympathy.

**Faith in self:** Men often become what they believe themselves to be. If I believe I cannot do something, it makes me incapable of doing it. But when I believe I can, then I acquire the ability to do it even if I didn't have it in the beginning. Mahatma Gandhi wasn't a great orator, didn't had a very attractive



physique, lived a life of simplicity and avoided limelight as much as he could, but still he is regarded as one of the Greatest persons to have ever walked on earth. The reason is he always believed in himself. He believed that he has a great responsibility to free his country and he had complete faith in himself. His faith in himself triggered the faith of millions of Indians in him.

**Resistance and persistence:**

First they ignore you then they laugh at you, then they fight you and then you win. It is very tough to lead the Independence Movement of a huge Country such as India and that too with non-violence and against the violent and cruel British army, Gandhi was beaten a lot of times, a lot of times he was left alone, bleeding and sometimes he won't see the sun, next day but each day and each time he faced the opposition and finally he achieved his goal.

When you fight for a noble cause and you know that you're doing the right thing you'll face the opposition. The opposition make everything seem worse, you may feel like you're the only one standing for your cause and the whole world is against you. That's the time you might feel like giving up but you must resist the opposition and must persevere to make your dreams come true.

**Forgiveness:** The weak can never forgive forgiveness is the attribute of the strong. Forgiving people causes a long lasting positive impact on their lives and builds everlasting relationships. So Gandhi always follows the principle of forgiveness.

**Living in present:** Gandhiji believed in living each moment at fullest and concentrating at the task in hands. He

did not waste his time looking back at the past or wondering what would happen in future. Concentrating on the present benefits you in two ways it let's go you of the worries of the past and the future but also increases your efficiency at the task you must focus. It sorts out your priorities and help us to avoid procrastination.

**Non – violence:** "An eye for an eye wood soon makes the whole world blind." Gandhiji is known in the whole world for his principles of non-violence. He never resorted to violence and has won the war of Independence of India just by non-violence. If human resort to and resolve their problems and conflicts peacefully without violence and cooperating with each other, thousands of innocent lives can be saved, that are often lost in worse. This shows his problem solving skill.

**Conclusion:** Gandhiji believed in living each moment at fullest and concentrating at the task in hands. He did not waste his time looking back at the past or wondering what would happen in future. I conclude with this quotation that:

"Your beliefs become your thoughts  
Your thoughts become your words  
Your words become your actions  
Your actions become your habits  
Your habits become your values  
Your values become your destiny."

If you see any life history of a successful person directly or indirectly the above said life skills and ethical values play a major role. So everyone should follow these life skills to lead a happy life and perfect life in this earth.

**References:**

1. Browsing Internet
2. Gandhiji Autobiography